Summary Project: The Highlight Reel

Career-Life Education 10

Ms Sidaway-Wolf

6 Examples of Mastery: Example #1

Competency: Explore and reflect on career life goals and personal growth.

My Example: SMART Goals

By doing this assignment, I learned how to set goals in a way that would help me actually achieve them. As a result, this semester I have been able to set SMART goals at school that have helped me be more successful in classes, like handing in more assignments and getting to class on time more often.

3 Examples of New Learning: Example #1

Education, Career, and Volunteer Expo & Campus Tour at Yukon College

- I had never had the chance to see all the different parts of the Yukon College campus, especially the learning commons or the trades facilities.
- I learned that even though it's a small school, Yukon College (soon to be University) has amazing facilities and small programs with lots of support.
- I know more about what the campus has to offer, which will help me make a more informed decision about where I want to do my post-secondary education.

1 Big Idea Reflection:

I chose to reflect on the Big Idea, "Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options." I think this was included in the curriculum because it is important for people to understand that the relationships and connections they make can open doors to personal and professional opportunities. It is also important for people to understand that if you have negative relationships, that can get in the way of your goals. An example of my understanding of this Big Idea would be when we went to the Education, Career, and Volunteer Expo, and I took advantage of that opportunity to meet people from the schools I hope to attend and the industry I hope to work in. This Big Idea will play a part in my future because every person I meet can influence my choices and my opportunities, either positively or negatively, and being aware of that can help me make good choices and learn from my mistakes.