***Mentor Interview***

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Hand In:***

* Mentor information
* Interview questions
* Interview answers
* Reflection answers

Mentors play a vital role in your personal and professional lives. You may already have identified people that fill this role, and you will certainly meet more throughout your life.

**Brainstorm: What is a mentor?**

*(Consider: Who can be a mentor? What can you learn from a mentor?)*

***Mentor Information:***

You will be choosing someone in your life that you see as a mentor, and interviewing them. This can take place in person (if they live with you), over the phone, or on a video call. Although many of you can and do learn a lot from our peers, your mentor must be an adult!

*In grade 12, you will be completing a Capstone Project and will be required to choose a mentor to support that graduation requirement. This is an opportunity to develop your skills with regards to asking a mentor for support and engaging with your mentor in meaningful ways that support your interests and learning.*

|  |  |
| --- | --- |
| My Mentor: |  |
| Role (Job/Cultural Position): |  |
| Relationship to Me: |  |
| Why I Consider This Person a Mentor:  |
|  |

***The Interview:***

Choose/write **ten** questions to ask your mentor, set up a time to interview them that will have minimal distractions, then record their answers. The answers can be recorded on paper, typed in an email/text conversation, a voice recording, or a video recording.

Here are some questions you can consider asking (but feel free to write your own!!):

* What advice would you give yourself if you could go back in time?
* What do you love about what you do?
* What is the biggest challenge in your work?
* What does a typical week look like for you?
* What training, experience, courses, or programs are necessary for your work?
* What makes you proud of the work you do?
1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***\*\*Hand in the answers to these questions on this page, a separate sheet of paper, or in a video/audio file!\*\****

***Interview Notes:***

*(Use this space to record your mentor’s answers during your interview, or use a separate place if that works better for you!)*

***Reflection Questions:***

1. What was the most important thing you think your mentor had to say? Why?
2. What was something they shared that surprised you? Why?
3. Why did you choose this person to be your mentor?
4. How can you see this mentor supporting you in the future?
5. Why do you think it will be important to connect with other people in this role in your future?
6. Describe a time **you** acted as a role model or mentor.