# Career Research, Planning, and Reflection

#### Part 1: Overview of 5 Careers

Using your personal profile, Career Cruising, Education Planner, and any other websites you might need, research 5 careers that you are interested in. Use the tables in this booklet to record your research in note-form.

### Part 2: In-Depth of 3 Careers

Choose your top 3 careers and research the preparation needed for each, in-depth. Use the tables in this booklet to record the information you need.

#### Part 3: Reflection

In a typed, well-organized paragraph, include the following information:

- Which career might be the best fit for you?
- Why do you think this career is a good fit for you?
- What are some examples of skills and interests you have that are well-suited to this career, and/or you are interested in developing?
- What is one thing that surprised you while doing this research?
- What are the courses you should take in your grade 11 and 12 years in order to prepare yourself for the job/career you hope to pursue?
- What are the non-school related skills you should develop in order to prepare yourself for the job/career you hope to pursue?

# Part 1: Overview of 5 Careers

Using your personal profile, Career Cruising, Education Planner, and any other websites you might need, research 5 careers that you are interested in. Use the tables in this booklet to record your research in note-form.

Career	
Level of Education Required	
Skills Required	
Salary (Starting <b>and</b> Top)	
Description of the Job	
Lifestyle Factors	
Employment Prospects (Future job security)	
Why This Suits You	

Career	
Level of Education Required	
Skills Required	
Salary (Starting <b>and</b> Top)	
Description of the Job	
Lifestyle Factors	
Employment Prospects (Future job security)	
Why This Suits You	

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Skills Required	
Salary (Starting <b>and</b> Top)	
Description of the Job	
Lifestyle Factors	
Employment Prospects (Future job security)	
Why This Suits You	

# Part 2: In-Depth of 3 Careers

Choose your **top 3 careers** and research the preparation needed for each, in-depth. Use the tables in this booklet to record the information you need.

Career	
High School Courses Needed	
Name of Program	
Name of Institution	
Type of Institution (Technical Institute, University, College, etc.)	
Location of Institution	
Length of Program (Months/years/semesters, apprenticeships/co-op terms)	
Cost of Program (Tuition, books, materials, etc.)	
Credential Upon Completion	

Career	
High School Courses Needed	
Name of Program	
Name of Institution	
Type of Institution (Technical Institute, University, College, etc.)	
Location of Institution	
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Cost of Program (Tuition, books, materials, etc.)	
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Cost of Program (Tuition, books, materials, etc.)	
Credential Upon Completion	

# Part 3: Reflection

- 1. Answer the following questions in **point-form** as a **draft** of your reflection.
- 2. Hand in the good copy of your reflection, which is **typed**, **well-organized**, and **includes all of the following information**.

Which career might be the best fit for you?
Why do you think this career is a good fit for you?
What are some examples of skills and interests you have that are well-suited to this career, and/or you are interested in developing?
What is one thing that surprised you while doing this research?
What are the courses you should take in your grade 11 and 12 years in order to prepare yourself for the job/career you hope to pursue?
What are the non-school related skills you should develop in order to prepare yourself for the job/career you hope to pursue?