

# PCSS GRADUATION CAPSTONE PROJECT

## ***Phase One: Brainstorming Projects and Mentors***

Name: \_\_\_\_\_

**Which of the Capstone Styles appeals to you the most?** (Check one or two)

- Research Capstone
- Event Capstone
- Project Capstone
- Entrepreneurial Capstone
- Service Capstone

**Why is this style the best option for you?** (The more specific you are, the easier it will be to start and be successful with this project!)

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**Have a closer look at the Capstone booklet's description page about the style you are most interested in. Brainstorm some ideas about what you will do.** (What sort of event might you plan? What project might you create? Etc...)

## **Your Capstone Journal**

Once you decide what format, or style, your Capstone will have, it will be time to get started! You will need to keep a record of your ideas/progress/experiences from start to finish. How will you track this? It could be a sketchbook, a diary, a digital journal, blog, or a combination.

**You must include written or audio/visual reflections along the way. Here are some prompts for you to include:**

- **What questions do you have?**
- **What discoveries are you making?**
- **What difficulties are you having?**
- **What is your next step?**

**How and where will you record your Capstone process:**

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**How can your teachers and/or mentor best support you as you work on this project?**

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**\*\*We will be discussing your answers at our individual meetings. The more you can describe here, the more effective our meetings will be!\*\***

## Capstone Mentor

### ***What is a Mentor?***

A mentor is an adult that you trust, a person that can provide support and guidance as you are going through the process of completing your Capstone Project. It is preferable that your mentor has knowledge in your area of interest.

Using the criteria below, list potential mentors that you have in your life and that fit each description. **A mentor is NOT the same thing as a peer.** A peer is someone who is about your age: a classmate, friend or buddy. A mentor is more experienced. A mentor often has a different perspective than you. A mentor uses their wisdom and experience to make suggestions, to guide you and to help you achieve your goals.

Write down the names of potential mentors in your life who might fit these descriptions. Is there anyone who appears in your chart more than once? Ask one or more of these people to be your mentor(s).

<b>A good listener</b> Attentive, perceptive, unbiased, and Diplomatic	<b>Accessible and available</b> Willing to spend time with you on a regular basis
<b>A character builder</b> Gives you an honest assessment of your strengths and weaknesses, helps you gain confidence, believes in you	<b>A role model</b> Demonstrates ethical behaviour, honesty, responsibility, is good at what they do, committed to success